



**What is Intensive  
Therapy?**

# What is Intensive Therapy?

Children with disabilities require repetition of an activity multiple times before solidifying a skill or movement into their typical day. Though the majority of children will progress with the traditional weekly model of therapy, progress may be slow and it can be difficult to address all the areas of limitations. By participating in an intensive therapy program, the child benefits from having additional time to focus on each area of concern. The high level of repetition of movements helps to promote new skills.



Once a child has mastered a movement, they can then use this new skill in their everyday activities of sitting, rolling, crawling, transitioning, walking and playing. Many times we will see progress during an intensive program that would typically take months to develop.



The intensive program is designed for children with many types of developmental disorders. Each child will receive one-on-one treatment during their sessions provided by a skilled therapist. Each family is provided with an individualized home exercise program with pictures of the child performing their exercises so progress can continue to be made at home.



# Intensive Options



TOTS offers a unique approach to providing our intensive programs. Once you decide which program is ideal for your child then you can customize the program and add additional services. Whether you sign up for a PT, CIMT or feeding intensive, you are also able to sign up for additional services such as Physical Therapy, Occupational Therapy, Speech Therapy, Feeding therapy and Aquatic therapy.



# TOTS offers 3 separate Intensive Therapy programs:

- Physical Therapy Intensive
- Constraint Induced Movement Therapy (CIMT) Intensive
- Feeding Intensive Therapy Program



We will gladly discuss your child's needs with you and develop an intensive program that works best for your child!

# Contact Us

Tender Ones Therapy Services  
2089 Teron Trace Suite  
Dacula, GA 30019  
Phone: 770-904-6009  
Fax: 770-904-2357

Melanie Sudge  
Intensive Program Coordinator  
Phone: 770-904-6009 Ext.104  
Melanie@tenderones.com

[www.tenderonestherapy.com](http://www.tenderonestherapy.com)



@tender\_ones



[facebook.com/tenderones](https://facebook.com/tenderones)