

## **Updated COVID 19 Protocols as of 4/10/2022**

TOTS has updated its COVID 19 policies to align with the CDC Community Levels. Therefore, we will use the following protocols based on the present classification for each county (Gwinnett County for the Dacula office and Hall County for the Gainesville office.) The HR Director will check the CDC website each week for updates on community level classification. Any updates will be communicated to staff via email. At any level of spread masks are optional for patients.

### **Low and Medium Community Level Spread**

Masks are optional for all adults in the waiting room.

Masks are optional for staff in areas where there are no patients.

Masks should be carried by staff in case a patient enters a room or area.

Masks are required in treatment areas for all adults when patients are present.

Clinicians, if they are inclined, may allow parents to take off their mask if they are in a private treatment room such as a speech therapy room or the pool room. Parents should re-mask to walk through open treatment areas.

Clinicians who are outside with a patient (e.g., water activity, riding a bike on the side walk, practicing walking on natural surfaces, talking with a parent on transition) must wear a mask.

Masks are optional for adults at paddle boarding activities and camp.

Temperature checks are no longer required for staff, patients, or family members.

### **High Community Level Spread**

Masks are required for all adults in all indoor areas where others are present. The only exception is that masks may be removed when eating or drinking.

Clinicians who are outside with a patient (e.g., water activity, riding a bike on the side walk, practicing walking on natural surfaces, talking with a parent on transition) must wear a mask.

Temperature checks are required for staff, patients, and family members.

Masks are optional for adults at paddle boarding activities and camp.

## **CDC Guidelines on Quarantine and Isolation**

**TOTS will follow the below guidelines for employees/contractors, patients, and family members with the only exception being that we do not mandate masks for patients. If the CDC recommends that someone can be in the community with a mask on, TOTS will prioritize continuity of service for the patient as long as they are symptom free.**

### **Definitions:**

**Quarantine**-staying away from others when you have been exposed to COVID 19

**Isolation**- staying away from others when you have tested positive for COVID 19 regardless of symptoms

**Up to Date on vaccines**- for ages 12+ immediately after having had a booster of Pfizer, Moderna, or Johnson and Johnson; for ages 5+ two weeks after second dose of vaccine

**Calculating Days**- The day you start symptoms or test positive (if asymptomatic) is Day 0. You count 5/10 days after that. So, if your symptoms started on a Tuesday, you can return to TOTS the following Monday (5 days) as long as you are fever free and your symptoms are resolving/improving and you must remain fully masked until the end of Friday (10 days.)

### **If you were exposed to COVID 19:**

You do not need to quarantine if you are up to date on your vaccinations. It is recommended you wear a mask for 10 days. It is recommended you test on Day 5 post-exposure.

You do not need to quarantine if you tested positive for COVID 19 in the last 90 days. It is recommended you wear a mask for 10 days.

If you are NOT up to date on vaccines or have NOT had a positive COVID 19 test in the last 90 days, you need to quarantine for 5 days if exposed to COVID 19 and then wear a mask for 5 days. It is also recommended you test on Day 5 post-exposure if possible.

### **If you tested positive for COVID 19:**

If you test positive for COVID 19 regardless of vaccination status, you can **end isolation after 5 days** if you are asymptomatic/have resolving symptoms and are fever free. Fever is 100.4 or more. You should then wear a mask around people for the next 5 days.