

Occupational Therapy Intensive Program



SAID

The OT Intensive Program is 3 hours per day, 5 days per week for 2 weeks. The program is tailored to the child's needs and parent goals.



What do the sessions look like?

Sessions may include the following based on each child's needs:

- Preparatory activities (modalities, ROM, etc.)
- Gross motor and strengthening
- Sensory activities
- Executive functioning such as problem-solving
- Fine motor activities
- Visual perceptual activities
- ADLs (Activities of Daily Living)
- IADLs (Instrumental Activities of Daily Living)



Intervention/Equipment

TOTS uses a variety of specialized interventions and equipment that may be utilized during the intensive program. This includes:

- Interactive Metronome
- Modalities
- Therapeutic Listening
- Galileo Vibration Platform
- MOTOMed
- Sensory Gym
- Universal Exercise Unit (UEU)



Interactive Metronome

IM is proven to improve cognition, attention, focus, memory, speech/language, executive functioning, comprehension, as well as motor and sensory skills.



Therapeutic Listening

Therapeutic listening is a sound-based approach that includes more than the ears. It is a specific intervention that gives the listener unique and controlled sensory information. Therapeutic listening targets attention, motor skills, sequencing and timing, and more!



Galileo Vibration Platform

Vibration therapy is based on the natural movement of the body. The vibration platform provides oscillatory movements in which the amplitude and frequency are controlled by the therapist. As the platform moves side to side it facilitates alternating movement throughout the pelvis and trunk. The different frequencies of the vibration platform can help improve muscle power, force, flexibility and range of motion. In addition, the vibration platform can improve body awareness.



MOTomed

The MOTomed is a unique movement device that works on the arms and legs and can be utilized by a wide range of individuals. For those with increased tone and inability to isolate movements, the MOTomed can provide 100% of power to promote the smooth repetitive cycling movement. This movement reduces tone and increases range of motion. As the individual is able to participate more, the MOTomed detects their active movement and will reduce assistance. This may progress to the point in which the user is providing 100% of the power and the MOTomed is providing resistance for continued strengthening.



Universal Exercise Unit

The UEU is a piece of equipment that provides support to the child in various positions including sitting, standing, or quadruped utilizing bungee cords and a supportive belt which teaches balance and coordination for functional tasks in a fun and dynamic environment.



Sensory Gym

A sensory gym is a structured environment in which all aspects of the equipment are designed to improve strength, motor planning, and asymmetrical/symmetrical bilateral coordination. A few pieces of equipment in our sensory gym include a rock wall, various suspended swings and a ball pit.



We offer intensive programs at both TOTS locations!

Dacula Location

1854 Auburn Rd.
Suite 101
Dacula, GA 30019

Gainesville Location

1100 Sherwood Park Dr NE
Suite 220
Gainesville, GA 30501

Brookhaven Location

2 Corporate Blvd. NE
Ste. 130
Atlanta, GA 30329

Contact Us

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